



RANCHO
CUCAMONGA

BICYCLING & TRAIL GUIDE





Welcome to Rancho Cucamonga's Trails

The City of Rancho Cucamonga is committed to providing opportunities for an excellent quality of life and the resources for a healthy lifestyle. In addition to 31 beautiful parks with playgrounds, community centers, and sports fields, Rancho Cucamonga boasts more than 36 miles of City trails with access to a regional trail system.

As part of the City's Healthy RC program, we want you to walk, hike, jog, and bike the trail system. We hope this guide will help you get started.

Inside you will find information about trail etiquette, bicycle safety, and a map showing the major bicycle and pedestrian trails and routes throughout the City. While many neighborhoods have smaller localized trail segments, the routes shown inside can help you get to the City's parks, community facilities, and major destinations on foot or on a bicycle.



General Trail Guidelines

Rancho Cucamonga's trails are open to walkers, joggers, bicyclists, and in some cases, equestrians. Motorized vehicles are not allowed on the trails. It is therefore important for trail users to know what to do and to observe trail etiquette.

- Share the trails—cyclists yield to all other users and pedestrians yield to equestrian riders.
- Slower traffic keep right, faster traffic pass on left.
- Do not block the trail when walking or riding in a group. Allow enough room for other trail users to pass your group.
- Utilize traffic signals to cross streets at crosswalks. Wait for the pedestrian crossing symbol to appear before entering street.
- Animals may act unexpectedly. Ask the handler of a horse or dog for guidance before approaching their animal.
- If you wear a musical device/headset, make sure the volume doesn't prevent you from hearing what is happening around you.
- Do not litter.

JOGGERS/WALKERS:

- Stay right, pass on left. Announce yourself when passing.
- Yield to equestrian riders.
- Dogs must be kept on a leash at all times.
- Keep a short leash on your dog when passing or being passed by others, including horses and cyclists.

CYCLISTS:

- Reduce speed to pass safely. Yield to all other trail users.
- When approaching from behind, announce yourself and the number of cyclists in your group well in advance to avoid startling others.
- Pass horses as far to the left as possible to avoid unintentional contact.
- A red ribbon on a horse's tail indicates the horse may kick if approached too closely from behind.
- Reduce speed and use extra caution in crowded areas.

EQUESTRIANS:

- Make sure your horse has the temperament and training for riding on public trails. Busy, multi-use trails are not the proper place to school green horses.
- Only pass on the left. Move right to allow faster trail users to pass.
- Announce your intentions to pass others and reduce speed to pass safely.
- Move to the side of the trail if your horse has behavior problems.
- Step off the trail if your horse has to relieve itself. Remove any droppings from the trail.



Safe Bicycle Riding Tips

The following bicycle safety tips are based on information provided by the National Highway Traffic Safety Administration (NHTSA).

- **Wear a Properly Fitted Bicycle Helmet.** Protect your brain, save your life. Helmets are required by law for all riders under 18.
- **Adjust Your Bicycle to Fit.** Stand over your bicycle. The seat height should be adjusted to allow a slight bend at the knee when the leg is fully extended. The handlebar height should be at the same level with the seat.
- **Check Your Equipment.** Before riding, always inspect your bike to make sure all parts are secure and working properly. Inflate tires properly and check that your brakes work.
- **See and Be Seen.** Wearing white has not been shown to make you more visible. Rather, always wear neon, fluorescent, or other bright colors when riding day or night. Also wear something that reflects light, such as reflective tape or markings, or flashing lights.
- **Control Your Bicycle.** Always ride with both hands on the handlebars. Carry books and other items in a bicycle carrier or backpack.
- **Watch for and Avoid Road Hazards.** Be on the lookout for hazards such as potholes, broken glass, gravel, puddles, leaves, and dogs. All these hazards can cause a crash. If you are riding with friends and you are in the lead, yell out and point to the hazard to alert the riders behind you.

Rules of the Road —Bicycling on the Road

Cyclists have the same rights and the same responsibilities to follow the rules of the road as motorists. When riding, always:

Go With the Traffic Flow. Ride on the right in the same direction as other vehicles. Go with the traffic flow – not against it.

Obey All Traffic Laws. When you ride in the street, obey all traffic signs, signals, and lane markings.

Be Predictable. Ride in a straight line, not in and out of cars. Signal your moves to others.

Stay Alert at All Times. Use your eyes AND ears. Watch out for potholes, cracks, storm grates, railroad tracks, or anything that could make you lose control of your bike. You need your ears to hear traffic and avoid dangerous situations; don't wear a headset when you ride.

Look Before Turning. When turning left or right, always look behind you for a break in traffic, then signal before making the turn. Watch for left- or right-turning traffic. Ride defensively!

Watch for Parked Cars. Ride far enough out from the curb to avoid the unexpected from parked cars (like doors opening, or cars pulling out).





While we have made every effort to provide an accurate and usable map, the depicted bikeway and trail information is advisory only. Map users assume all risks as to the quality and accuracy of the map information, and agree that their use is at their own risk.



Class 1
BIKE PATH
Completely
separate from
traffic.



Class 2
BIKE LANE
A lane set aside
in city streets
exclusively for
bikes.



Class 3
BIKE ROUTE
A signed bike
route shared with
motor vehicles.



Healthy RC inspires a lifestyle that embraces a Healthy Mind, Body, and Earth through lifelong learning and enrichment, active and healthy living and environmental sustainability. Developing and maintaining a healthy body pays off with huge dividends, so getting out on one of the RC trails on the map above is more than fun—it's an investment in your future. For more information, visit www.HealthyRC.info. Want to join or start a walking or running club? The City of Rancho Cucamonga Community Services Department offers online services to help you get started at www.RCpark.com.

What is the Pacific Electric Trail?

The Pacific Electric Trail (shown on the map in red) follows the route of the legendary Pacific Electric Railway, also known as the "Red Cars." Once the world's largest interurban and street railway system, the Pacific Electric Railway ended operation with the expansion of the Southern California freeway system. Eventually, a 21-mile section of the Pacific Electric Railway will become an intercity urban trail system stretching from Claremont in the west to Rialto in the east.

The first two segments of the trail in Rancho Cucamonga are complete from Amethyst Avenue to the eastern city limit. The final segment—from Amethyst Avenue to the western city limit—will be completed soon. The finished trail will extend 8 miles from one end of the city to the other. The Trail features two parallel trails: a ribbon

of concrete and another of decomposed granite. The concrete trail is intended for pedestrians and bicyclists, while the softer surface is designed for walkers, joggers and equestrian riders.

The Trail is night lighted for safety the entire length, and has climate appropriate landscaping, trash cans, and doggie clean-up bag dispensers at intersection crossings. You'll even find benches, horse tie-ups and drinking fountains along the route.

Contribute to the Pacific Electric Trail

By securing regional and state grant funding, the City of Rancho Cucamonga is making design and construction of the Pacific Electric Trail possible. Now there's an opportunity for you or your business to sponsor trail amenities such as benches, bike racks, and trees through the Trail Enhancement Program.

Sponsoring a trail enhancement item is also an excellent way to remember a loved one, providing enjoyment for countless trail users now and in the future. Your contribution is tax deductible. For more information contact the Engineering Services Department at (909) 477-2740.



Proud Sponsor

FRIENDS OF THE PACIFIC ELECTRIC TRAIL



WALK IT, RIDE IT, HOOF IT!!!

The Friends of the Pacific Electric Trail is a non-profit organization dedicated to expanding awareness of the Pacific Electric Trail and promoting trail activities and the Trail Enhancement Program. For more information, go to: www.PacificElectricTrail.org



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